

IRS Indexed Limits 2022

Item	2021	2022
401(k) 403(b) & 457 plans	19,500	20,500
Catch Up contribution age 50 or older	6,500	6,500
SIMPLE IRA contribution limit	13,500	14,000
Catch Up contribution age 50 or older	3,000	3,000
Individual Retirement Accounts:		
Traditional	6,000	6,000
ROTH	6,000	6,000
Individual Retirement Accounts		
Catch Up contribution age 50 or older		
Traditional	1,000	1,000
ROTH	1,000	1,000
Standard Deduction		
Married Joint	25,100	25,900
Single	12,550	12,950
Married Separately	12,550	12,950
Head of Household	18,800	19,400
Additional Standard Deduction		
age 65 or older and/or blind		
Married Joint	1,350	1,400
Single	1,700	1,750
Married Separately	1,350	1,400
Head of Household	1,700	1,750
Social Security Wage Base	142,800	147,000
Qualified Adoption Expenses	14,440	14,890
Estate exclusion	11,700,000	12,060,000
Annual gift exclusion	15,000	16,000
Foreign earned income exclusion	108,700	112,000
Flexible Spending Arrangements	2,750	2,850